



# The Body ReNEWS

[www.sandybuttrey.com](http://www.sandybuttrey.com)

242 Heritage Park Dr #106

Murfreesboro, TN 37129

**(615) 494-4383**

**Sandy Buttrey**  
sandyrefills@gmail.com

Volume 6 Issue 6

**June 2012**

**We will be closed on July 4th, July 5th, and July 6th for the July 4th holiday. Please plan accordingly.**

## Cal-Amo®—Has a multitude of uses

Cal-Amo contains ammonium chloride, betaine hydrochloride, calcium chloride, calcium lactate, and magnesium citrate.

It helps to create a normal pH in the body, which is consistent with keeping allergies at bay. Alkalosis is a frequently predisposing cause of allergies, such as food allergies, sinusitis, hay fever, etc. By taking Cal-Amo, the body becomes closer to the acidic conditions necessary to fight off allergies and other infections. Alkalosis is also involved in the conditions of asthma, arthritis, bursitis, infections, etc. The acid-alkaline balance is very important in maintaining proper body function.

Cal-Amo will replace the bile salts lost from sweating in the summer heat and will help

relieve muscle cramping due to salt loss.\* Make sure and stock up to survive the summer heat.

During the month of June, **Cal-Amo will be 10% off the regular price.** It comes in a bottle of 90 tablets regularly priced at \$11.50. Stock up on this supplement for the summer months.



On July 2nd our new address will be:

**Body Renew**

**242 Heritage Park Dr #104**

**Murfreesboro TN 37129**

**615-494-4383**

Once again, we have outgrown our space, so we are moving 2 doors down from our current office location. We are excited for the bigger space that we are moving into and invite everyone to see it at our July Open House.



## Grand Opening Special

Come join us during the Open House at our new office on Friday, July 13th from 10:00 to 5:00.

This coupon is good for 20% off all supplements during the Open House, **OR** good for one use during the month of July for 10% off all supplements. The 20% discount will only be applied during the hours of 10-5 on July 13, 2012.

One coupon per household. Coupon may not be applied to massages, testing, or gift certificates. No preorders will be accepted. Discount excludes earthing kits, dog food, coconut oil, orthotics or massage tools, and salt.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Tiger Tail—Rolling Muscle Massager Now Available

The Tiger Tail rolling muscle massager/hand-held foam roller can turn sore muscles into happy muscles by helping relieve muscle knots, aches, cramping, spasms and stiffness.

Benefits of the Tiger Tail include:

- Muscle friendly, easy-to-use massage tool.
- Helps speed muscle recovery.
- Consistent distribution of pressure.
- Soft cushy cover is gentle but firm.
- Saves fingers and hands from fatigue.
- Closed-cell, is not porous, zero rubber or latex, non-deteriorating, non-absorbing foam.
- Easy to clean with anti-bacterial gel or spray.
- Take it anywhere: portable and easy to pack.
- Firm design won't bend—apply as little or as much pressure as needed.

- Made in the USA

Just say no:

- No muscle torture.
- No hard, cold plastic, metal or wood.
- No spindles, ball, beads or gaps.
- No pinched skin, no pulled out hair.
- No breaking or bending out of shape.
- No rolling on the ground.
- Three year no-hassle warranty.

The Tiger Tail can be used all of the time. Use prior to workouts. Roll to help warm up muscles and help prepare muscles for activity. Simply roll each muscle group 15-30 seconds. Use during workout to help relieve cramps, aches, soreness and tightness. Use after workouts for a total body rubdown to help muscle recovery, as well as prevent aches, soreness and discomfort.

Tender “knots” in the muscle can prevent full range of motion, while causing aches, discomfort

and early muscle fatigue. These tender muscle knots come in a variety of sizes, like a pin head, pea, noodle or small pickle. The Tiger Tails may help with releasing the knot. To minimize a muscle knot, we recommend 3 sets of 10 seconds of firm, constant focused rolls on the muscle knot.

Stubborn muscle knots often need additional attention. Slowly and gradually work the Tiger Tail deeper into the muscle to work out the muscle knot. Using the Tiger Tail 2-3 times a day may help. Over the course of time, muscle knots should get smaller or go away.

The handles at each end of the Tiger Tail feature built-in muscle knot release tools called “Thumb Tools,” offering the firmness and density of the human thumb. The Tiger Tail Thumb Tool saves thumb, finger and hand fatigue. Use the Thumb Tool to work muscle knots in difficult to reach spots or in areas you may otherwise have difficulty applying pressure.

We have an 18-inch Tiger Tail that sales for \$29, and a 22-inch Tiger Tail that sales for \$32.

## OPEN HOUSE

**July 13th, 2012**  
**10:00—5:00**

Please join us at our new office on Friday, July 13th from 10:00 to 5:00 for our Grand Opening and Open House. Our office will be closed for appointments that day. Come see our new place and register for prize drawings. We will have refreshments and will be having free chair massages. Bring in the coupon on the front for a 20% discount on supplements during the Open House.



Take a Traveling Kit Along...

**Coconut Oil**

Apply topically for a great golden tan.

**6 Cataplex F perles**

Enhances your tan & helps prevent burning.

Start 2 weeks before & take during vacation.



**Citricidal Tabs**

Helps protect from spoiled food by taking 2 tablets am & pm.

Take 8 per day when sick.

\*These statements have not been evaluated by the FDA and are not intended to diagnose, treat, cure or prevent disease.